

**Arizona Swimming, Inc**  
**OPEN**  
**LONG COURSE RECORDS**

Time	Girls Name	Club	Year	Event	Time	Boys Name	Club	Year
24.50	LARA JACKSON	FORD	2008	<b>50M FREESTYLE</b>	21.69	ROLAND SCHOEMAN	FORD	2005
54.02	LACEY NYMEYER	FORD	2008	<b>100M FREESTYLE</b>	48.17	ROLAND SCHOEMAN	FORD	2004
1:58.45	ALYSSA ANDERSON	FORD	2009	<b>200M FREESTYLE</b>	1:47.42	ADAM RITTER	FORD	2007
4:11.14	ALYSSA ANDERSON	FORD	2009	<b>400M FREESTYLE</b>	3:47.18	KLETE KELLER	PSC	2000
8:37.14	KALYN KELLER	SDA	2001	<b>800M FREESTYLE</b>	7:59.41	RYK NEETHLING	HOT	1999
16:31.74	ASHLEY EVANS	BEST	2008	<b>1500M FREESTYLE</b>	15:01.51	GEORGE DiCARLO	TFJ	1984
1:00.64	INADA NORIKO	BEST	2009	<b>100M BACKSTROKE</b>	52.99	MATT GREVERS	FORD	2008
2:11.86	CAITLIN IVERSON	FORD	2008	<b>200M BACKSTROKE</b>	1:58.39	CORY CHITWOOD	U OF A	2008
1:07.62	AMANDA BEARD	FORD	2004	<b>100M BREASTSTROKE</b>	1:00.00	MARCUS TITUS	FORD	2009
2:22.44	AMANDA BEARD	FORD	2004	<b>200M BREASTSTROKE</b>	2:13.05	JACK BROWN	FORD	2009
58.61	CHRISSY AHMANN-LEIGHTON	U OF A	1992	<b>100M BUTTERFLY</b>	51.00	KOHEI KAWAMOTO	BEST	2008
2:09.08	MISTY HYMAN	AFOX	1997	<b>200M BUTTERFLY</b>	1:56.81	UGUR TANER	HOT	1998
2:10.11	WHITNEY MYERS	FORD	2006	<b>200 IND. MEDLEY</b>	1:57.77	JACK BROWN	FORD	2009
4:38.54	CAITLIN LEVERENZ	EDAC	2008	<b>400 IND. MEDLEY</b>	4:12.58	JACK BROWN	FORD	2009
1:59.15	<b>SUN DEVIL AQUATICS</b> SHALD, REDMAN, BAHAM, ELBERT	SDA	2001	<b>200M MEDLEY RELAY</b>	1:44.28	<b>SUN DEVIL AQUATICS</b> HUSSEIN, SPETMAN, TATE,	SDA	2001
4:05.15	<b>TUCSON FORD DEALER</b> AGY, CHANDLER MYERS, VORSTER	FORD	2009	<b>400M MEDLEY RELAY</b>	3:38.38	<b>TUCSON FORD DEALERS</b> O'BRIEN, TITUS TIPTON, SMITH	FORD	2009
1:47.12	<b>SUN DEVIL AQUATICS</b> KRAKOSKI, SWARTZ, LOPUS, BARTON	SDA	2006	<b>200M FREE RELAY</b>	1:31.88	<b>PHOENIX SWIM CLUB</b>	PSC	1995
3:42.90	<b>FORD AQUATICS</b> CASHION, MYERS, NYMEYER, BAUGHMAN	FORD	2006	<b>400M FREE RELAY</b>	3:21.50	<b>TUCSON FORD DEALERS</b> SMALL, SMITH BROWN, HADINGER	FORD	2009
8:08.48	<b>TUCSON FORD DEALERS</b> HELMS, VORSTER FORSTER, IVERSEN	FORD	2009	<b>800M FREE RELAY</b>	7:18.82	<b>TUCSON FORD DEALERS</b> BROWN, RITTER TIPTON, THOMPSON	FORD	2009