

Safety Committee Meeting
Feb. 7, 2013
Teleconference Attendees:

APPROVED 03-05-2013

Starre Haney
Jon Ford
Todd Gunzy
Nate Moore

Minutes:

- I. Introductions were done.
- II. Report of Occurrence Forms
 - a. 2012 USA Swimming 2012 accident summary had been emailed to all committee members
 - b. On-line reporting occurs but Arizona Swimming no longer receives statistics specific to this LSC so were are not able to address any safety issues that may be occurring or even be aware of any incidents
 - c. Suggestion that AZ Swimming require all incident forms be sent separately to the safety chair at AZ Swimming or LSC office discussed. The Safety committee would send out reminders to all meet directors and to clubs
- III. Club Safety Equipment Survey
 - a. Starre will draft survey questions and send out to committee members for input
 - b. Will ask about what is immediately available at each club's pools- looking at AED, gloves, 1st aid kits, back boards, is there a life guard present at all practices
 - c. Goal is to see what equipment may be needed and for the committee to develop a list of what should be available and possible funding sources to assist clubs
- IV. Coaches Safety Training Program Changes- discussion of upcoming changes
- V. Racing start progression/certification
 - a. Renewed concern at national level that clubs may be open to serious liability if an incident occurs and the racing start certification documentation is not current and readily available. There were 10 bottom strikes reported in December nationally which is a great concern to our insurance company. Fortunately there were no spinal cord injuries as a result.
 - b. Starre to send out reminders on the requirements to all coaches again.
- VI. Meet Marshal Training Program
 - a. Update is needed for this program.
 - b. Referee education will be coming at the Swimposium in April
 - c. Jon Ford volunteered to assist with the review of the meet marshal training program and recommend updates
- VII. Supplement use

- a. Word of mouth talk among Arizona swimmers at different ages is that there are a number of swimmers using supplements to increase endurance, performance, and enhance recovery.
- b. USA Swimming published in January the newest banned substance list. There are new substances on the list and many have been found in existing supplements. It is difficult for swimmers and parents to understand what some of the chemical compounds listed are. Manufactures frequently change their formulas to avoid detection in drug testing but eventually they are discovered and added to the list. Swimmers take supplements at their own risk and may face the penalties of USA swimming if discovered.
- c. Sports medicine physicians that Starre has discussed supplement use with state there is no need for anyone under the age of 18 to need any supplements other than a multipurpose vitamin. Supplements are not FDA approved and contain many chemicals that may be harmful for the growth and development of children. There is no evidence to support the safety of these chemicals in children.
- d. The committee will work on an education program for parents and swimmers.

VIII. Other business

- a. Discussion of firearms on deck at meets
- b. Each club pool may post signage forbidding the presence of any firearms
- c. This has been an issue at some recent meets.
- d. Members of the committee would like Arizona Swimming to add a rule prohibiting firearms on the premises- or inside the fenced area of the practice-competition venue. It would be easier for clubs if Arizona Swimming had this rule in place
- e. Starre to draft and bring forward to the board.

IX. Next meeting Tuesday March 5th at 7:30 pm