

Arizona Swimming
2011 - 2012 Short Course Yards Qualifying Time Standards

Age Group Championships Time Standards

Girls	10 & Under		Boys
Q Time	Distance	Stroke	Q Time
33.59	50	Freestyle	34.79
1:13.39	100	Freestyle	1:16.49
2:39.59	200	Freestyle	2:49.09
6:59.89	500	Freestyle	7:08.59
40.29	50	Backstroke	41.99
1:25.99	100	Backstroke	1:32.39
45.79	50	Breaststroke	0:48.39
1:37.79	100	Breaststroke	1:44.59
39.09	50	Butterfly	43.89
1:32.09	100	Butterfly	1:44.69
1:25.29	100	Ind Medley	1:29.19
3:03.39	200	Ind Medley	3:13.29

Girls	11 & 12		Boys
Q Time	Distance	Stroke	Q Time
29.59	50	Freestyle	30.79
1:04.39	100	Freestyle	1:06.69
2:18.69	200	Freestyle	2:22.49
6:12.29	500	Freestyle	6:38.09
12:58.59	1000	Freestyle	13:02.59
22:06.69	1650	Freestyle	22:20.49
35.39	50	Backstroke	37.19
1:15.09	100	Backstroke	1:17.89
2:40.79	200	Backstroke	2:50.59
40.29	50	Breaststroke	42.59
1:25.59	100	Breaststroke	1:30.79
3:01.49	200	Breaststroke	3:14.39
33.49	50	Butterfly	36.79
1:16.69	100	Butterfly	1:23.09
2:52.39	200	Butterfly	3:17.69
1:15.79	100	Ind Medley	1:19.49
2:39.59	200	Ind Medley	2:45.49
6:15.89	400	Ind Medley	6:33.19

Girls	13 & 14		Boys
Q Times	Distance	Stroke	Q Times
27.19	50	Freestyle	26.49
58.69	100	Freestyle	56.69
2:06.19	200	Freestyle	2:05.29
5:38.29	500	Freestyle	5:37.29
11:56.89	1000	Freestyle	12:08.69
20:44.09	1650	Freestyle	21:21.79
32.89	50	Backstroke	33.09
1:08.59	100	Backstroke	1:07.39
2:25.99	200	Backstroke	2:24.79
37.49	50	Breaststroke	37.79
1:17.99	100	Breaststroke	1:17.69
2:45.79	200	Breaststroke	2:46.39
30.99	50	Butterfly	31.39
1:07.39	100	Butterfly	1:06.79
2:32.89	200	Butterfly	2:35.29
2:24.79	200	Ind Medley	2:23.09
5:12.59	400	Ind Medley	5:12.99

Regional Championship Time Standards

Time standards for the Arizona Swimming Regional Championship meets are the USA Swimming National Motivational "B" Time Standards

Senior Championship Time Standards

Time standards for the Arizona Swimming Senior Championship meets are the USA Swimming National Motivational 15-16 year old "BB" Time Standards

Link to USA Swimming National Motivational Time Standards.

http://www.usaswimming.org/_Rainbow/Documents/f2dce093-8dba-405b-a374-1a5f1c9040ce/2009-12MotivationalTimes-Top16.pdf