

Arizona Swimming  
Senior State Championship  
2014 Long Course Qualifying Standards

**WOMEN**

29.79  
1:04.47  
2:22.16  
5:21.92  
11:30.19  
22:10.69  
1:18.32  
2:57.99  
1:33.89  
3:21.19  
1:16.73  
2:56.19  
2:50.18  
6:19.79

50 Free  
100 Free  
200 Free  
400/500 Free  
800/1000 Free  
1500/1650 Free  
100 Back  
200 Back  
100 Breast  
200 Breast  
100 Fly  
200 Fly  
200 IM  
400 IM

**MEN**

0:27.22  
58.65  
2:11.50  
4:51.85  
10:52.09  
20:49.49  
1:16.10  
2:43.89  
1:26.39  
3:08.79  
1:07.15  
2:43.19  
2:35.97  
5:54.39