

Arizona Swimming, Inc.
 SWIMS PROJECT
 October, 2015

2016

**AGE GROUP
 LCM
 A - B - C TIME STANDARDS**

GIRLS 10 - U			EVENT	BOYS 10 - U		
"C"	"B"	"A"		"A"	"B"	"C"
00:54.19	00:46.99	00:39.99	50 M Free	00:38.99	00:46.69	00:53.99
02:05.69	01:46.39	01:29.79	100 M Free	01:27.19	01:44.29	02:01.89
04:38.19	03:35.49	03:08.09	200 M Free	03:04.49	03:32.69	04:26.59
09:26.59	07:04.69	06:17.69	400 M Free	06:28.09	06:40.89	09:42.19
-	-	-	800 M Free	-	-	-
-	-	-	1500 M Free	-	-	-
01:09.99	00:58.49	00:49.59	50 M Back	00:49.69	00:58.89	01:13.99
02:30.19	02:02.69	01:43.29	100 M Back	01:41.09	01:58.59	02:29.79
-	-	-	200 M Back	-	-	-
01:18.99	01:04.99	00:55.19	50 M Breast	00:54.99	01:05.19	01:22.99
02:50.19	02:14.89	01:56.49	100 M Breast	01:55.89	02:15.19	02:53.69
-	-	-	200 M Breast	-	-	-
01:10.49	00:57.69	00:47.39	50 M Fly	00:46.39	00:58.89	01:12.39
02:55.79	01:58.29	01:44.69	100 M Fly	01:45.09	02:00.49	03:03.99
-	-	-	200 M Fly	-	-	-
-	-	-	100 M IM	-	-	-
05:10.89	04:00.29	03:28.09	200 M IM	03:31.49	03:52.79	05:19.09
-	-	-	400 M IM	-	-	-

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GIRLS 11 - 12			EVENT	BOYS 11 - 12		
"C"	"B"	"A"		"A"	"B"	"C"
00:44.29	00:38.19	00:34.09	50 M Free	00:33.49	00:37.89	00:45.59
01:36.49	01:25.49	01:14.89	100 M Free	01:14.19	01:23.99	01:39.39
03:33.79	03:05.69	02:41.49	200 M Free	02:39.89	02:59.89	03:38.49
07:28.99	06:12.19	05:40.89	400 M Free	05:31.09	06:11.99	07:43.49
15:45.89	11:56.29	11:15.59	800 M Free	11:48.29	11:59.89	16:31.69
31:44.69	22:40.49	22:40.49	1500 M Free	23:08.89	23:08.89	32:24.49
00:54.39	00:46.99	00:41.09	50 M Back	00:40.49	00:47.19	00:57.29
01:59.79	01:41.19	01:27.99	100 M Back	01:26.59	01:40.79	02:03.29
04:03.49	03:10.19	02:56.09	200 M Back	03:08.39	03:11.99	04:23.79
00:59.99	00:51.99	00:46.09	50 M Breast	00:45.29	00:53.19	01:04.39
02:09.29	01:52.29	01:39.39	100 M Breast	01:37.89	01:54.59	02:18.59
04:37.09	03:37.29	03:21.99	200 M Breast	03:27.59	03:34.99	04:50.69
00:50.29	00:43.59	00:37.09	50 M Fly	00:36.59	00:43.99	00:53.79
01:57.79	01:39.89	01:26.99	100 M Fly	01:22.59	01:36.89	02:02.99
04:33.59	03:17.69	03:15.39	200 M Fly	03:47.99	03:47.99	03:47.99
-	-	-	100 M IM	-	-	-
03:59.69	03:26.99	03:03.19	200 M IM	03:02.69	03:22.79	04:13.39
08:46.99	06:25.39	06:16.39	400 M IM	06:25.29	06:44.79	08:59.49

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**AGE GROUP
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GIRLS 13 - 14			EVENT	BOYS 13 - 14		
"C"	"B"	"A"		"A"	"B"	"C"
00:41.79	00:34.39	00:31.19	50 M Free	00:29.39	00:32.69	00:40.09
01:29.69	01:15.59	01:07.79	100 M Free	01:04.19	01:12.09	01:26.09
03:15.69	02:43.69	02:27.79	200 M Free	02:20.79	02:36.59	03:09.59
06:53.09	05:37.29	05:06.99	400 M Free	04:54.29	05:23.19	06:44.99
14:15.89	11:19.79	10:18.19	800 M Free	10:15.09	10:46.49	14:21.09
27:22.69	21:16.49	19:33.39	1500 M Free	19:38.89	20:34.09	27:30.39
-	-	-	50 M Back	-	-	-
01:45.09	01:28.69	01:19.09	100 M Back	01:15.29	01:25.89	01:42.09
03:45.69	03:01.99	02:45.79	200 M Back	02:37.79	02:56.89	03:40.29
-	-	-	50 M Breast	-	-	-
01:59.59	01:42.99	01:30.59	100 M Breast	01:26.49	01:38.69	01:55.49
04:16.89	03:28.59	03:08.99	200 M Breast	03:04.79	03:20.49	04:18.09
-	-	-	50 M Fly	-	-	-
01:41.19	01:26.79	01:15.79	100 M Fly	01:10.99	01:21.89	01:37.79
03:55.19	03:02.29	02:47.99	200 M Fly	02:44.59	02:51.69	03:50.39
-	-	-	100 M IM	-	-	-
03:44.69	03:06.49	02:47.49	200 M IM	02:40.59	02:59.29	03:36.69
07:58.99	06:20.69	05:45.69	400 M IM	05:35.19	06:01.39	07:49.29

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15 - 16

LCM

A - B - C TIME STANDARDS

GIRLS 15 - 16			EVENT	BOYS 15 - 16		
"C"	"B"	"A"		"A"	"B"	"C"
00:40.69	00:32.69	00:29.99	50 M Free	00:27.39	00:29.89	00:37.39
01:27.19	01:11.59	01:04.99	100 M Free	00:59.89	01:05.69	01:20.99
03:09.19	02:35.69	02:21.89	200 M Free	02:11.29	02:26.09	02:58.59
06:35.59	05:25.99	04:56.89	400 M Free	04:35.39	05:02.69	06:18.59
13:48.99	10:49.29	09:52.49	800 M Free	09:35.09	10:01.99	13:25.19
26:56.79	20:48.99	19:14.89	1500 M Free	18:22.39	19:32.49	25:43.39
-	-	-	50 M Back	-	-	-
01:40.09	01:24.79	01:15.89	100 M Back	01:08.79	01:17.49	01:34.59
03:35.49	02:57.49	02:40.99	200 M Back	02:27.39	02:45.09	03:25.99
-	-	-	50 M Breast	-	-	-
01:54.79	01:37.39	01:27.29	100 M Breast	01:18.69	01:30.09	01:46.89
04:06.59	03:22.79	03:01.79	200 M Breast	02:43.99	03:08.79	03:49.59
-	-	-	50 M Fly	-	-	-
01:34.89	01:20.79	01:11.49	100 M Fly	01:05.49	01:12.89	01:30.39
03:37.99	02:55.29	02:35.69	200 M Fly	02:29.79	02:43.69	03:29.69
-	-	-	100 M IM	-	-	-
03:34.29	02:57.69	02:39.69	200 M IM	02:27.19	02:43.89	03:21.79
07:37.59	06:02.69	05:31.89	400 M IM	05:10.59	05:35.19	07:14.79

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17 - 18

LCM

A - B - C TIME STANDARDS

GIRLS 17 - 18			EVENT	BOYS 17 - 18		
"C"	"B"	"A"		"A"	"B"	"C"
00:40.39	00:31.99	00:29.19	50 M Free	00:26.09	00:28.09	00:36.19
01:25.09	01:08.39	01:03.29	100 M Free	00:56.59	01:02.19	01:17.69
03:04.49	02:31.19	02:17.09	200 M Free	02:03.79	02:19.79	02:50.09
06:36.39	05:16.29	04:45.29	400 M Free	04:29.49	04:50.29	06:17.19
14:09.19	10:37.59	10:06.59	800 M Free	09:32.29	09:49.39	13:21.09
28:01.09	20:47.39	20:00.79	1500 M Free	18:45.39	18:56.69	26:15.49
-	-	-	50 M Back	-	-	-
01:40.79	01:21.39	01:13.09	100 M Back	01:06.49	01:13.39	01:30.89
03:36.29	02:49.59	02:34.49	200 M Back	02:24.39	02:35.59	03:22.09
-	-	-	50 M Breast	-	-	-
01:56.29	01:32.99	01:23.19	100 M Breast	01:13.19	01:21.79	01:42.19
04:11.09	03:18.59	02:59.39	200 M Breast	02:41.99	02:55.49	03:46.69
-	-	-	50 M Fly	-	-	-
01:36.19	01:18.39	01:08.89	100 M Fly	01:01.99	01:08.79	01:26.69
03:42.79	02:50.39	02:39.09	200 M Fly	02:23.29	02:32.19	03:20.49
-	-	-	100 M IM	-	-	-
03:36.49	02:49.39	02:36.79	200 M IM	02:20.89	02:34.09	03:15.69
07:44.49	05:53.09	05:31.79	400 M IM	05:05.99	05:25.29	07:08.39