

Arizona Swimming, Inc.  
 SWIMS PROJECT  
 September, 2015

**2016**

**AGE GROUP  
 SCM  
 A - B - C TIME STANDARDS**

| GIRLS<br>10 - U |          |          | EVENT        | BOYS<br>10 - U |          |          |
|-----------------|----------|----------|--------------|----------------|----------|----------|
| "C"             | "B"      | "A"      |              | "A"            | "B"      | "C"      |
| 00:53.29        | 00:46.19 | 00:39.79 | 50 Y Free    | 00:38.59       | 00:45.79 | 00:52.69 |
| 02:02.49        | 01:44.19 | 01:29.09 | 100 Y Free   | 01:26.69       | 01:42.79 | 02:00.89 |
| 04:33.39        | 03:37.19 | 03:07.19 | 200 Y Free   | 02:54.19       | 03:31.99 | 04:21.19 |
| 09:11.29        | 07:03.39 | 06:07.49 | 400 Y Free   | 06:15.09       | 06:15.09 | 09:22.69 |
| -               | -        | -        | 800 Y Free   | -              | -        | -        |
| -               | -        | -        | 1500 Y Free  | -              | -        | -        |
| 01:06.69        | 00:57.39 | 00:48.09 | 50 Y Back    | 00:46.99       | 00:56.99 | 01:08.99 |
| 02:24.59        | 01:58.59 | 01:41.19 | 100 Y Back   | 01:39.69       | 01:59.69 | 02:24.99 |
| -               | -        | -        | 200 Y Back   | -              | -        | -        |
| 01:15.99        | 01:03.09 | 00:53.59 | 50 Y Breast  | 00:52.89       | 01:04.09 | 01:18.19 |
| 02:45.79        | 02:12.79 | 01:56.19 | 100 Y Breast | 01:50.99       | 02:14.79 | 02:43.49 |
| -               | -        | -        | 200 Y Breast | -              | -        | -        |
| 01:07.69        | 00:55.29 | 00:45.79 | 50 Y Fly     | 00:43.89       | 00:55.39 | 01:08.99 |
| 02:43.89        | 02:02.69 | 01:41.49 | 100 Y Fly    | 01:39.29       | 01:57.49 | 02:53.69 |
| -               | -        | -        | 200 Y Fly    | -              | -        | -        |
| 02:22.89        | 01:58.39 | 01:41.79 | 100 Y IM     | 01:39.79       | 01:58.69 | 02:20.79 |
| 05:02.79        | 03:50.89 | 03:22.39 | 200 Y IM     | 03:21.29       | 03:51.99 | 05:06.89 |
| -               | -        | -        | 400 Y IM     | -              | -        | -        |

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| GIRLS<br>11 - 12 |          |          | EVENT        | BOYS<br>11 - 12 |          |          |
|------------------|----------|----------|--------------|-----------------|----------|----------|
| "C"              | "B"      | "A"      |              | "A"             | "B"      | "C"      |
| 00:42.49         | 00:36.69 | 00:32.19 | 50 Y Free    | 00:32.09        | 00:36.49 | 00:44.39 |
| 01:33.69         | 01:22.79 | 01:11.89 | 100 Y Free   | 01:10.89        | 01:23.29 | 01:33.89 |
| 03:23.89         | 02:58.69 | 02:35.09 | 200 Y Free   | 02:35.39        | 03:03.09 | 03:27.29 |
| 07:14.29         | 05:50.69 | 05:15.49 | 400 Y Free   | 05:15.19        | 05:56.89 | 07:21.19 |
| 15:12.99         | 11:49.59 | 10:52.19 | 800 Y Free   | 11:24.89        | 11:51.59 | 15:58.89 |
| 30:28.89         | 21:47.79 | 21:46.39 | 1500 Y Free  | 22:12.69        | 22:16.19 | 31:05.79 |
| 00:50.69         | 00:44.79 | 00:39.19 | 50 Y Back    | 00:38.99        | 00:45.99 | 00:53.49 |
| 01:52.99         | 01:36.79 | 01:23.59 | 100 Y Back   | 01:23.29        | 01:36.99 | 01:54.69 |
| 03:56.29         | 03:11.89 | 02:49.49 | 200 Y Back   | 02:57.79        | 03:13.69 | 04:08.89 |
| 00:57.09         | 00:50.79 | 00:43.99 | 50 Y Breast  | 00:43.79        | 00:51.39 | 01:01.89 |
| 02:05.19         | 01:48.49 | 01:35.19 | 100 Y Breast | 01:34.79        | 01:51.39 | 02:11.49 |
| 04:24.29         | 03:41.99 | 03:11.59 | 200 Y Breast | 03:19.69        | 03:45.79 | 04:39.49 |
| 00:48.09         | 00:41.59 | 00:35.79 | 50 Y Fly     | 00:35.99        | 00:43.69 | 00:51.69 |
| 01:52.79         | 01:36.59 | 01:21.39 | 100 Y Fly    | 01:20.19        | 01:36.79 | 01:56.29 |
| 04:16.59         | 03:03.29 | 03:03.29 | 200 Y Fly    | 03:15.59        | 03:15.59 | 04:33.79 |
| 01:48.19         | 01:34.59 | 01:22.99 | 100 Y IM     | 01:22.29        | 01:36.79 | 01:50.49 |
| 03:50.59         | 03:20.89 | 02:55.59 | 200 Y IM     | 02:54.59        | 03:21.39 | 04:03.59 |
| 08:23.89         | 06:16.69 | 05:59.89 | 400 Y IM     | 06:25.49        | 06:30.99 | 08:59.59 |

**2016**

**AGE GROUP  
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| <b>GIRLS<br/>13 - 14</b> |            |            | <b>EVENT</b> | <b>BOYS<br/>13 - 14</b> |            |            |
|--------------------------|------------|------------|--------------|-------------------------|------------|------------|
| <b>"C"</b>               | <b>"B"</b> | <b>"A"</b> |              | <b>"A"</b>              | <b>"B"</b> | <b>"C"</b> |
| 00:40.99                 | 00:33.29   | 00:30.39   | 50 Y Free    | 00:28.39                | 00:31.69   | 00:38.99   |
| 01:26.99                 | 01:13.99   | 01:06.19   | 100 Y Free   | 01:02.99                | 01:11.59   | 01:23.39   |
| 03:09.29                 | 02:41.89   | 02:24.49   | 200 Y Free   | 02:16.39                | 02:36.99   | 03:02.29   |
| 06:41.29                 | 05:35.29   | 04:59.99   | 400 Y Free   | 04:41.89                | 05:16.29   | 06:34.69   |
| 13:55.89                 | 11:07.69   | 10:00.09   | 800 Y Free   | 09:41.59                | 10:23.19   | 13:34.19   |
| 26:19.49                 | 20:30.39   | 18:48.19   | 1500 Y Free  | 18:20.39                | 19:28.39   | 25:40.59   |
| -                        | -          | -          | 50 Y Back    | -                       | -          | -          |
| 01:39.79                 | 01:25.89   | 01:16.69   | 100 Y Back   | 01:13.29                | 01:24.69   | 01:37.79   |
| 03:36.69                 | 03:01.19   | 02:43.59   | 200 Y Back   | 02:32.99                | 02:53.79   | 03:30.99   |
| -                        | -          | -          | 50 Y Breast  | -                       | -          | -          |
| 01:54.49                 | 01:39.09   | 01:28.69   | 100 Y Breast | 01:22.89                | 01:35.69   | 01:51.29   |
| 04:05.19                 | 03:26.49   | 03:06.89   | 200 Y Breast | 02:54.79                | 03:20.09   | 04:00.09   |
| -                        | -          | -          | 50 Y Fly     | -                       | -          | -          |
| 01:37.89                 | 01:24.79   | 01:13.49   | 100 Y Fly    | 01:08.19                | 01:19.49   | 01:33.89   |
| 03:39.19                 | 02:57.69   | 02:36.69   | 200 Y Fly    | 02:33.09                | 02:47.39   | 03:34.29   |
| -                        | -          | -          | 100 Y IM     | -                       | -          | -          |
| 03:35.09                 | 03:03.89   | 02:45.59   | 200 Y IM     | 02:35.99                | 02:57.39   | 03:31.99   |
| 07:36.49                 | 06:07.59   | 05:33.59   | 400 Y IM     | 05:18.19                | 05:51.89   | 07:25.39   |

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 SWIMS PROJECT  
 September, 2015

**2016**

**15 - 16**

**SCM**

**A - B - C TIME STANDARDS**

| GIRLS<br>15 - 16 |          |          | EVENT        | BOYS<br>15 - 16 |          |          |
|------------------|----------|----------|--------------|-----------------|----------|----------|
| "C"              | "B"      | "A"      |              | "A"             | "B"      | "C"      |
| 00:39.19         | 00:32.09 | 00:29.19 | 50 Y Free    | 00:26.39        | 00:28.69 | 00:35.99 |
| 01:23.69         | 01:09.19 | 01:02.89 | 100 Y Free   | 00:56.89        | 01:03.19 | 01:17.09 |
| 03:01.59         | 02:29.99 | 02:15.89 | 200 Y Free   | 02:05.39        | 02:18.29 | 02:48.89 |
| 06:23.19         | 05:12.89 | 04:45.09 | 400 Y Free   | 04:23.99        | 04:49.49 | 06:04.89 |
| 13:13.89         | 10:24.99 | 09:29.79 | 800 Y Free   | 09:10.19        | 09:53.39 | 12:50.19 |
| 25:38.29         | 19:43.29 | 18:18.79 | 1500 Y Free  | 17:59.79        | 18:27.89 | 25:11.69 |
| -                | -        | -        | 50 Y Back    | -               | -        | -        |
| 01:35.89         | 01:21.19 | 01:11.39 | 100 Y Back   | 01:06.09        | 01:14.29 | 01:30.49 |
| 03:26.99         | 02:49.69 | 02:32.09 | 200 Y Back   | 02:22.89        | 02:38.19 | 03:18.59 |
| -                | -        | -        | 50 Y Breast  | -               | -        | -        |
| 01:47.59         | 01:32.79 | 01:22.19 | 100 Y Breast | 01:13.99        | 01:25.19 | 01:39.49 |
| 03:53.69         | 03:14.49 | 02:51.89 | 200 Y Breast | 02:39.89        | 02:59.49 | 03:40.39 |
| -                | -        | -        | 50 Y Fly     | -               | -        | -        |
| 01:33.09         | 01:18.39 | 01:09.69 | 100 Y Fly    | 01:02.99        | 01:11.19 | 01:25.89 |
| 03:27.89         | 02:47.09 | 02:28.49 | 200 Y Fly    | 02:21.39        | 02:37.49 | 03:17.89 |
| -                | -        | -        | 100 Y IM     | -               | -        | -        |
| 03:25.39         | 02:53.49 | 02:33.79 | 200 Y IM     | 02:21.39        | 02:38.89 | 03:14.29 |
| 07:15.89         | 05:48.89 | 05:16.99 | 400 Y IM     | 04:57.99        | 05:26.09 | 06:57.19 |

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SWIMS PROJECT  
September, 2015

**2016**

**17 - 18**

**SCM**

**A - B - C TIME STANDARDS**

| GIRLS<br>17 - 18 |          |          | EVENT        | BOYS<br>17 - 18 |          |          |
|------------------|----------|----------|--------------|-----------------|----------|----------|
| "C"              | "B"      | "A"      |              | "A"             | "B"      | "C"      |
| 00:39.19         | 00:30.59 | 00:28.39 | 50 Y Free    | 00:25.39        | 00:27.79 | 00:35.19 |
| 01:23.59         | 01:06.69 | 01:01.29 | 100 Y Free   | 00:55.59        | 01:01.49 | 01:15.79 |
| 02:57.79         | 02:25.49 | 02:12.79 | 200 Y Free   | 01:59.19        | 02:15.09 | 02:44.49 |
| 06:36.79         | 05:02.99 | 04:43.39 | 400 Y Free   | 04:29.69        | 04:39.59 | 06:17.49 |
| 14:38.39         | 10:27.39 | 10:27.39 | 800 Y Free   | 10:03.39        | 10:03.39 | 14:04.69 |
| 28:32.99         | 20:23.59 | 20:23.59 | 1500 Y Free  | 20:14.79        | 20:14.79 | 20:14.79 |
| -                | -        | -        | 50 Y Back    | -               | -        | -        |
| 01:34.39         | 01:17.49 | 01:09.69 | 100 Y Back   | 01:05.59        | 01:11.99 | 01:26.39 |
| 03:31.69         | 02:41.39 | 02:31.19 | 200 Y Back   | 02:21.39        | 02:34.59 | 03:17.89 |
| -                | -        | -        | 50 Y Breast  | -               | -        | -        |
| 01:51.39         | 01:26.69 | 01:19.59 | 100 Y Breast | 01:12.09        | 01:17.59 | 01:34.19 |
| 04:03.49         | 03:05.29 | 02:53.99 | 200 Y Breast | 02:37.39        | 02:48.19 | 03:37.89 |
| -                | -        | -        | 50 Y Fly     | -               | -        | -        |
| 01:32.99         | 01:14.49 | 01:07.19 | 100 Y Fly    | 01:00.99        | 01:08.39 | 01:25.39 |
| 03:53.69         | 02:46.99 | 02:46.99 | 200 Y Fly    | 02:27.09        | 02:27.09 | 03:25.89 |
| -                | -        | -        | 100 Y IM     | -               | -        | -        |
| 03:27.49         | 02:44.99 | 02:31.29 | 200 Y IM     | 02:17.79        | 02:32.89 | 03:05.09 |
| 08:00.79         | 05:43.49 | 05:43.49 | 400 Y IM     | 04:56.79        | 05:10.59 | 06:55.59 |