

Bonus Time Standards\*

			Event			
LCM	SCM	SCY		SCY	SCM	LCM
0:29.58	00:29.11	:26.23	<b>50 Y Free</b>	:23.71	00:26.31	00:26.69
1:04.08	01:03.25	:56.99	<b>100 Y Free</b>	:52.72	00:58.51	00:59.35
2:22.16	02:16.88	2:03.32	<b>200 Y Free</b>	1:54.39	02:06.97	02:11.50
5:10.90	05:04.50	5:48.69	<b>500 Y Free</b>	5:27.00	04:49.78	04:56.18
11:17.92	11:05.12	12:44.74	<b>1000 Y Free</b>	11:53.89	10:39.29	10:52.09
21:55.17	21:31.17	21:16.15	<b>1650 Y Free</b>	20:21.89	19:56.32	20:20.33
1:17.16	01:12.59	1:05.40	<b>100 Y Back</b>	1:02.15	01:08.98	01:10.97
2:43.00	02:40.65	2:24.73	<b>200 Y Back</b>	2:19.98	02:35.37	02:43.89
1:30.41	01:26.50	1:17.93	<b>100 Y Breast</b>	1:08.25	01:15.75	01:21.21
3:21.19	03:15.79	2:56.39	<b>200 Y Breast</b>	2:42.59	03:00.47	03:08.79
1:14.65	01:11.31	1:04.25	<b>100 Y Fly</b>	:58.66	01:05.11	01:06.39
2:56.19	02:53.16	2:36.00	<b>200 Y Fly</b>	2:24.49	02:40.38	02:43.19
2:45.62	02:37.74	2:22.12	<b>200 Y IM</b>	2:10.85	02:25.24	02:35.97
6:17.72	05:59.65	5:24.01	<b>400 Y IM</b>	5:11.79	05:46.08	05:54.39

\*If an athlete qualifies for one (1) state qualifying time then that athlete will be allowed to swim two (2) bonus swims as long as they have the bonus times in those events.

If an athlete qualifies for two (2) state qualifying times then that athlete will be allowed to swim two (2) bonus in those events, three (3) State qualifying times athletes can swim one (1) bonus in those events.

If an athlete has four (4) or more state qualifying times they will not be allowed any bonus swims.

9/28/2016