

Senior Championship Qualifying Time Standards 2016 - 2020

Bonus Time Standards

LCM	SCM	SCY	Event	SCY	SCM	LCM
0:29.59	:29.19	:26.29	50 Free	:23.79	:26.39	00:26.69
1:04.09	1:03.29	:56.99	100 Free	:52.79	:58.59	:59.39
2:22.19	2:16.89	2:03.39	200 Free	1:54.39	02:06.99	02:11.59
5:10.99	5:04.59	5:48.69	400 M/500 Y Free	5:27.09	04:49.79	04:56.00
11:17.99	11:05.19	12:44.79	800 M/1000 Y Free	11:53.89	10:39.29	10:52.09
21:55.19	21:31.19	21:16.19	1500 M/1650 Y Free	20:21.89	19:56.39	20:20.39
1:17.19	1:12.59	1:05.49	100 Back	1:02.19	01:08.99	01:10.99
2:43.09	2:40.69	2:24.79	200 Back	2:19.99	02:39.00	02:43.89
1:30.49	1:26.59	1:17.99	100 Breast	1:08.29	01:16.09	01:21.29
3:21.19	3:15.79	2:56.39	200 Breast	2:42.59	03:00.49	03:08.79
1:14.69	1:11.39	1:04.29	100 Fly	:58.69	01:05.19	01:06.39
2:56.19	2:53.19	2:36.09	200 Fly	2:24.49	02:40.39	02:43.19
2:45.69	2:37.79	2:22.19	200 IM	2:10.89	02:25.29	02:35.99
6:17.79	5:59.69	5:24.09	400 IM	5:11.79	05:46.09	05:54.39

*If an athlete qualifies for one (1) state qualifying time then that athlete will be allowed to swim two (2) bonus swims as long as they have the bonus times in those events.

If an athlete qualifies for two (2) state qualifying times then that athlete will be allowed to swim two (2) bonus in those events, three (3) State qualifying times athletes can swim one (1) bonus in those events.

If an athlete has four (4) or more state qualifying times they will not be allowed any bonus swims.