

STARTER Training and Deck Check Evaluation Form

Name: _____
 Club: _____
 Phone: _____
 Email: _____



**ARIZONA
SWIMMING**

Prior to training: Must be USA Swimming non-athlete member (which includes background check AND athlete protection training) + Shall have worked as a certified Stroke and Turn Judge for a minimum of one (1) year

Initial Training for NEW Starter: 3 PARTS

1. Clinic: In Person Clinic/Webinar Clinic - Starter:
 Location: _____ / Date: _____
 Instructor: _____

2. On-Line testing

Starter: Date: _____

3. Meet Experience – Starter meet experience includes

- 5 sessions completed with 2 Refs at least 2 different meets (min 10 starts per meet)
- 6th session Deck Evaluation

Deck Check Evaluation:

Experienced Starter: 1 session needed

New Starter: 6th session of training

	Name of Meet	Location	Date	# Sessions	Mentor/Meet Ref
1					
2					
3					
4					
5					
DC					

Pre-Meet Coordination

Arrives prior to the beginning of warm-up, checks in with credentials, Is attired in correct uniform	During warm-up, invigilates pool, checks starting blocks , performs test start
Verifies that the starting equipment is operating properly	Gives complete and detailed Timer briefing

Comments and Suggestions:

During Meet

Focuses on field before, during and immediately after the start	Recognizes when a False Start has occurred & charges the appropriate lane(s) with the violation
Works well the swimmers and referee to initiate a fair start	Initiates proper false start protocol with Referee & fills out DQ slips properly (if required)
Demonstrates understanding of starter rules & requirements	Records order of finish
Assumes proper position on the deck for forward and backstroke starts	For distance events, properly counts laps and understands Starter actions for bell lap events
Is familiar with and properly uses the Starter commands associated with each type of start	Demonstrates starting procedures for hearing-impaired swimmers and other disabled swimmers

Comments and Suggestions:

Other:

Adjusts well to unusual or unexpected circumstances	Takes suggestions and modifies performance as requested
Acts diplomatically, professionally, and respectfully when interacting with swimmers, coaches, officials, volunteers, spectators, pool personnel, etc.	

Comments and Suggestions: