

2025 PSC SENIOR TIME TRIAL

November 10th, 2025

HELD UNDER SANCTION OF USA SWIMMING, INC.

Sanctioned By:

Arizona Swimming

Sanction No. AZ26-21R

Liability:

In granting this sanction it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Phoenix Swim Club, BEST Swim Club, Inc., Phoenix Country Day School, and all meet officials shall be held harmless from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes the warm-up sessions.

Host Club & Location:

Phoenix Swim Club 3901 E. Stanford Drive, Paradise Valley, AZ 85253

Meet Director:

Sandy Lee

602-468-0319

slee@phoenixswimclub.org

Meet Referee:

John Anson

602-741-5240

john.anson@icloud.com

Course:

A ten lane, outdoor 25-yard pool with non-turbulent lane dividers, Colorado start system and automatic timing system will be used. A separate warm-up pool will be available throughout the meet.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition course has been certified in accordance with 104.2.2C (4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet at the start end and 7 feet at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: AED.

- Eligibility & Rules:
1. Open to invited teams with USA Swimming registered athletes, holding a current and valid USA Swimming card as of the meet entry deadline.
 2. This is a timed final no time standard meet.
 3. Swimmers are limited to 3 individual events per day, including time trials.
 4. Time trials will be offered at the conclusion of the events at the sole discretion of the Meet Referee. Swimmers must be entered in one individual event in order to participate in the time trials. The limit is two time trial events.

Sessions: Session 1: Monday, November 10th Warm up 3:30 p.m. Meet Start 4:15 p.m.
 Entries All entries & changes must be received by 12:00 noon on Monday, November 10th.

Entry Fees Arizona Swimming Surcharge \$10.00
 Individual Events \$4.00

Awards No awards will be provided.

Monday, November 11th	Warm up 3:30 p.m. Start 4:15 p.m.	
Women	Event	Men
1	Open 100 Free	2
3	Open 1650 Free	4
5	Open 50 Fly	6
7	Open 200 Free	8
9	Open 100 Back	10
11	Open 100 Breast	12
13	Open 200 Fly	14
15	Open 50 Free	16
17	Open 400 IM	18
19	Open 50 Breast	20
21	Open 200 Back	22
23	Open 200 Breast	24
25	Open 500 Free	26
27	Open 50 Back	28
29	Open 100 Fly	30
31	Open 200 IM	32