

SAC - GM – SAND Invite

February 14-15, 2026

Held under sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming Inc. Sanction #: AZ26-24

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., City of Scottsdale, Scottsdale Aquatic Club and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Hosted by: Scottsdale Aquatic Club

Location: Cactus Aquatic Center
7202 E Cactus Rd, Scottsdale, AZ 85260

Meet Director: Courtney Werner (sacaquaticclub@gmail.com) 480-951-5368

Meet Referee: Chris Mamola (cmamola@yahoo.com)

Course: **Cactus Aquatic Center.** Eight lane, outdoor, 50-meter pool with non-turbulent lane dividers. Colorado start and automatic timing system with touchpads and 8-lane time display board will be used. A separate 25-yard warm-up pool will be available for continuous warm-up throughout the meet.

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
5. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 6 inches at the start end and 4 feet, 2 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: lifeguards and AED device.

- Eligibility:**
1. Open to any athlete holding a current USA Swimming registration card that is a member of SAC, GM, or SAND, or unattached and training with SAC, GM, or SAND.
 2. This is an ABC Meet.
 3. This will be a timed final meet.
 4. All events will be pre-seeded.
 5. Entry times should be a swimmer's best SHORT COURSE times.

- Meet Rules:**
1. All swimmers are limited to TWO (2) individual events per session, and no more than SIX (6) total events for the meet. If a swimmer has more than 2 individual events per session, or greater than 6 events for the meet, the highest numbered event will be dropped until the entry limit has been met.
 2. Time trials will be offered at the discretion of the meet referee. Time trials do not count towards the daily event limit.

Entries: Entries must be sent with a HyTek or compatible file.
Entries must be received by Wednesday, February 4, 2026

Entry Fees:

LSC Surcharge	\$10.00
Individual Events	\$6.00

Make checks payable to **Scottsdale Aquatic Club**. Entry fees are nonrefundable.

Awards: ABC Certificates will be awarded.

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SESSION 1

Saturday, February 14th

Warm-up: 8:00am; Meet Start: 9:00am

Girls	Event	Boys
1	Open 200 IM	2
3	Open 100 Free	4
5	Open 200 Breast	6
7	Open 100 Back	8
9	Open 500 Free	10

SESSION 2

Saturday, February 14th

W-up 5:00pm; Meet Start 6:00pm

Girls	Event	Boys
11	Open 200 Fly	12
13	Open 100 Breast	14
15	Open 50 Free	16
17	Open 400 IM	18

SESSION 3

Sunday, February 15th

W-up 1:00pm; Meet Start 2:00pm

Girls	Event	Boys
19	Open 200 Free	20
21	Open 100 Fly	22
23	Open 200 Back	24
25	Open 1000 Free	26