

**2025 Long Course
Regional Alignments**

YWSF

AD
ASG
AZCC
BEAR
CDOG
EVST
FORD
FSS
HEAT
JSC
LJAX
MMR
OV
PSC
PST
RAYS
RIO
SAC
SWAS
TJCC
TUCS
YUMA
YWSF

NEP

AFT
AQFQ
AZAC
AZSL
DTAC
FAST
FORK
GM
HSST
LIFE
LPST
MAC
NEP
RPC
S2
SCCS
SMAN
SUN
SVTT
TSC
VCST
UN