

**SAN DIEGO IMPERIAL SWIMMING VS
ARIZONA SWIMMING ALL-STAR DUAL
MEET**

**JANUARY 2-3, 2026
PHOENIX, AZ**

**MOON VALLEY COUNTRY CLUB
151 W MOON VALLEY DR
PHOENIX, AZ 85023**



San Diego Imperial vs Arizona Swimming
All-Star Dual Meet
Moon Valley Country Club, January 2-3, 2026
Sanction: AZ26-40

SANCTION: This meet is sanctioned by USA Swimming and issued by Arizona Swimming, Inc. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

HOSTED BY: Yuma Aquatics

MEET REFEREE: Teri Rose, swimcoachteri@gmail.com

MEET DIRECTOR: Joe Zemaitis, Joe@SwimNeptune.com

FACILITY: Eight lane, outdoor, 25-yard, heated pool, fully automatic start & timing. 4 lanes of warm up will be available during the competition.

ELIGIBILITY: This is a closed meet, open only to the All-Star teams of each participating LSC. All swimmers must have current 2026 USA swimming registration as of the meet entry deadline. Each All-Star team will be composed of a maximum of 8 athletes per age group and gender; teams may elect to have 1 additional alternative swimmer per age group/gender; (10&UN, 11-12, 13-14) for a maximum of 54 athletes per team. Teams may not go over capacity in one age group/gender by going under in another.

RULES:

1. Each All-Star team will be composed of a maximum of 8 athletes per age group and gender; teams are allowed to have 1 alternative swimmer per age group/gender; (10&UN, 11-12, 13-14) for a maximum of 54 athletes per team including the alternate. Teams **may not** go over capacity in one age group/gender by going under in another.
2. Each LSC may enter up to 4 swimmers in each event.
3. No swimmer may compete in more than 3 individual events and 2 relay events per day.
4. Each LSC may enter up to 2 relay teams in each relay event.
5. This meet will be pre-seeded.
6. Time Trials will not be offered.
7. Alternates may be used when a swimmer in the same age group/gender are not able to swim.
8. Alternates will be allowed to swim as exhibition swimmers for up to 3 individual events per day.
9. The age of the swimmer will be the swimmers age on January 2, 2026.

AZ Rules:

Rules Governing Sanctioned Meets
1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition course has not been certified in accordance with 104.2.2C(4) as to pool length.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet, 0 inches at the start end and 5 feet, 0 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of

USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.

12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: First Aid

ENTRIES: All entries must be submitted electronically using Hy-Tek Team Manager. Each LSC's entry file and a PDF copy of the entries shall be emailed to the Meet Director at Joe@SwimNeptune.com

ENTRY DEADLINE: December 26, 2025

ENTRY FEES: \$10.00 AZ LSC surcharge
 \$6.00 Per Timed Final individual event
 \$12.00 Per Relay

SCORING: Scoring shall be as follows:

INDIVIDUAL: (Eight places) 9, 7, 6, 5, 4, 3, 2, 1.

RELAYS: (Four places) 18, 14, 12, 10.

AWARDS: Perpetual trophy to winning team. No other awards will be provided.

Girls	Event	Boys
FRIDAY, 2 JANUARY WARM-UP: 1:00 MEET STARTS 02:00		
1	10 & Under 200Y Medley Relay	2
3	11 - 12 200Y Medley Relay	4
5	13 - 14 200Y Medley Relay	6
7	10 & Under 500Y Freestyle	8
9	11 - 12 200Y Backstroke	10
11	13 - 14 200Y Backstroke	12
13	10 & Under 50Y Backstroke	14
15	11 - 12 100Y Breaststroke	16
17	13 - 14 100Y Breaststroke	18
19	10 & Under 100Y Breaststroke	20
21	11 - 12 100Y Butterfly	22
23	13 - 14 100Y Butterfly	24
25	10 & Under 100Y Butterfly	26
27	11 - 12 200Y Freestyle	28
29	13 - 14 200Y Freestyle	30
31	10 & Under 100Y Freestyle	32
33	11 - 12 400Y Individual Medley	34
35	13 - 14 400Y Individual Medley	36
37	10 & Under 100Y Individual Medley	38
39	11 - 12 50Y Freestyle	40
41	13 - 14 50Y Freestyle	42
43	10 & Under 400Y Freestyle Relay	44
45	11 - 12 400Y Freestyle Relay	46
47	13 - 14 400Y Freestyle Relay	48

SATURDAY, 3 JANUARY WARM-UP:7:30 MEET STARTS 8:15		
49	10 & Under 200Y Freestyle Relay	50
51	11 - 12 200Y Freestyle Relay	52
53	13 - 14 200Y Freestyle Relay	54
55	10 & Under 200Y Freestyle	56
57	11 - 12 200Y Breaststroke	58
59	13 - 14 200Y Breaststroke	60
61	10 & Under 50Y Breaststroke	62
63	11 - 12 200Y Butterfly	64
65	13 - 14 200Y Butterfly	66
67	10 & Under 50Y Butterfly	68
69	11 - 12 500Y Freestyle	70
71	11 - 12 100Y Backstroke	72
73	13 - 14 100Y Backstroke	74
75	10 & Under 100Y Backstroke	76
77	11 - 12 100Y Freestyle	78
79	13 - 14 100Y Freestyle	80
81	13 - 14 500Y Freestyle	82
83	10 & Under 200Y Individual Medley	84
85	11 - 12 200Y Individual Medley	86
87	13 - 14 200Y Individual Medley	88
89	10 & Under 50Y Freestyle	90
91	10 & Under 400Y Medley Relay	92
93	11 - 12 400Y Medley Relay	94
95	13 - 14 400Y Medley Relay	96